

Orangetown Parks and Recreation

Winter 2026

Office Hours:

9:00am - 5:00pm

Phone:

845-359-6503

Online Registration:

Begins January 5 at 5:00pm

Register.CommunityPass.net/OrangetownRec

Due to the volume of phone inquiries,
we do not accept walk-in/phone registrations.

Town Supervisor

Teresa M. Kenny

Town Board

Jerry Bottari

Brian Donohue

Dan Sullivan

Paul Valentine



@orangetownrec



@orangetownrec



recreation@orangetown.com

A Message from the Supervisor

As we prepare to begin another winter season and welcome in a new year, our Parks and Recreation Department has been gearing up to offer a wide range of activities. Our children's programs continue to grow, with options such as Lego Robotics, Sewing, Wrestling and Dance.

In addition to our youth offerings, we are proud to provide a wide array of opportunities for adults as well. Jiu Jitsu, Yoga and Senior Fitness are just a few of the programs available to help you stay active throughout the colder months.

I would like to extend my sincere thanks to the dedicated staff of our Parks and Recreation Department for their creativity, hard work, and commitment to expanding our programs year-round.

Please take a moment to look through this brochure, sign up for any programs that interest you, and get ready to enjoy a season full of winter fun. Staying active is a great way to make the colder months pass more quickly—just remember to bundle up!

Wishing you all a wonderful 2026.

Supervisor Teresa M. Kenny



Office of Parks and Recreation
81 Hunt Road, Orangeburg, New York 10962

Telephone: 845-359-6503

845-359-5100, Ext. 2233

Email: recreation@orangetown.com

www.orangetown.com/recreation

Aric T. Gorton, Superintendent

Andrew Gangemi, Senior Recreation Supervisor

When registering for a program with a credit card, your fee will include the service charge from your credit card provider.

Registration Policy

Registrations are conducted [ONLINE ONLY](https://register.communitypass.net/orangetownrec) via Community Pass at register.communitypass.net/orangetownrec

Online Registration

Registration begins Monday, January 5th at 5:00pm. Our staff will be available by phone from 5:00pm to 6:00pm that night to assist with login/account issues only. Due to the volume of phone inquires, we do not accept walk in/phone registrations. Staff will review email requests for registration transfers and cancellations on Tuesday, January 6th and answer them in the order they were received.

Registration will close 3 business days prior to the start of each program, unless a program has filled up, to allow for program administration decisions. If you are a resident and your address is showing as non-resident, please contact the recreation office by email as soon as possible.

Refund Policy: Refunds and transfers must be requested in writing by emailing recreation@orangetown.com. Refund requests must be submitted 5 business days prior to the start of a program. Afterwards, refunds will be considered only for medical reasons upon presentation of a note from a health care provider, except in cases where a program is canceled by the Office of Recreation and Parks. In the event of a program closure, make up date(s) will be scheduled. If a make up cannot be scheduled, an account credit will be issued to your Community Pass account for future use.

Wait Lists

If an individual withdraws their registration from a program that has filled up, an email will be sent to the first individual on the wait list, inviting them to sign up for the class. Please check your email regularly for any emails regarding our programs.

Cancellation/Postponement Notifications

Programs, dates, and times are subject to change. Make ups for weather cancellations will also be communicated via email. Please make sure to opt into email "Alerts" and texts on Community Pass to ensure you receive cancellation/postponement notices. Marketing emails will be sent only to those opted into "General Info".

Non-Resident Policy

1. Non-resident registration will be accepted no earlier than 7 business days prior to the start of each program, provided there is availability.
2. Not all programs allow for Non-Resident participation.
3. Non-Residents are required to pay an additional 25% of the program fee.

Upcoming events, information, and program announcements are now available on Facebook and Instagram. Follow us @orangetownrecreation.



New Programs

NEW!
PROGRAMS

Babysitting, CPR & First Aid Certification Course



Become Babysitting, Pediatric CPR/AED & First Aid certified! Red Cross babysitting training classes are designed to help you provide safe, high-quality care. This class includes Pediatric CPR/AED & First Aid certification. **Participants must attend all classes to complete each module and in order to receive certification. There will be no make up classes offered.**

Ages 12-15

Saturday and Sunday, January 24 & 25

Town Hall: Community Meeting Room (26 Orangeburg Rd.)

10:00am - 2:00pm

Fee: \$165.00 (Includes CPR/AED, & First Aid Certification Fees)

(20 spots available)

Youth Programs

Wrestling



This program will cover the basic fundamentals of wrestling and introduce the children to the rules and scoring of the sport. The program will introduce wrestling related tumbling, agility, and strength exercises, as well as many games and fun competitions to foster enjoyment of the sport.

Grades K -2 (students are grouped by age and ability)

Thursdays, January 15 - March 19

Fee: \$60.00

(9 Classes)

Thomas Clifford's Martial Arts, Pearl River

(No Class February 19)

Coaches: Anthony Raimone & Matt Homenick

5:00pm - 6:00pm

(14 Spots Available)

Basketball Clinics

In this program, we emphasize a fundamental-based and informative environment, while instructing your child through various skill development drills, friendly competitions, and game-like scrimmages. All participants will be grouped by skill level and proper competitive balance to allow your child to continue to develop as a basketball player. This program is great for both new and experienced players!

William O Schaefer Elementary School

Fee: \$85.00

Saturdays, January 17 - March 14

140 Lester Dr., Tappan

(8 Classes)

Instructor: TD Elite Basketball

(No Class February 14)

(20 Spots Available)

9:00am - 10:00am

(20 Spots Available)

10:00am - 11:00am

(20 Spots Available)

11:00am - 12:00pm



Grades K-1

Grades 2-3

Grades 4-5

Open Gym Update

The open gym schedule will be posted on the Orangetown Recreation website as soon as it becomes available. At this time, adequate staffing is not available to support the operation of open gym sessions. We appreciate the community's understanding and patience as we work to ensure that all programs are conducted safely and are appropriately staffed.

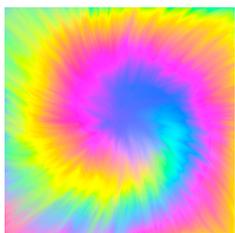


Comic Book School



Want to see how comics are made? This introduction to comic book creation will give a hands-on experience at how it's done. Each day you will learn about the different stages of creating a comic and see exactly how the big Super Hero comics are made. You will get to come up with your own original story with the help of a professional comic book editor and writer. Each new comic creator will develop their own story and learn how to take it from an idea to reality. The course will cover how to write a story, the creation of characters, and even some drawing tips. The returning student class will build off the lesson already learned in previous sessions.

Greenbush Office Complex	Fee: \$50.00	Saturdays, January 24 - March 7 (6 Classes)
20 S Greenbush Rd, Orangeburg		(No Class February 21)
(Building to the Right of Orangeburg Library Entrance)		
(8 Spots Available)	Grades 2-4	9:00am - 10:15am
(8 Spots Available)	Grades 5-8	10:30am - 11:45am



Crafty Creations Pre-K & Kindergarten



An artistic class for children that will use painting, sewing, tie-dye, beads and recycled products to create new and exciting projects.

Ages 4-5	Fee: \$50.00	Saturdays, January 24 - March 7
Greenbush Auditorium		(6 Classes)
20 S Greenbush Rd, Orangeburg		(No Class February 21)
(Behind Orangeburg Library)		
(10 Spots Available)		9:00am - 10:00am

Crafty Creations

An artistic class that will use painting, sewing, tie-dye, beads and recycled products to create new and exciting projects.

Grades 1-4

Greenbush Auditorium

20 S Greenbush Rd, Orangeburg

(Behind Orangeburg Library)

(10 Spots Available)

Fee: \$50.00



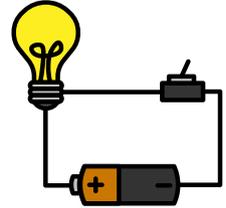
Saturdays, January 24 - March 7

(6 Classes)

(No Class February 21)

10:15am - 11:15am

Kids Circuit Club



This class will give your child an introduction to electronic circuits. We will create real electronic circuits and devices using snap circuits to do projects that encourage educational play and teach children about electricity.

Grades 2-4

Fee: \$50.00

Saturdays, January 24 - February 28

(6 Classes)

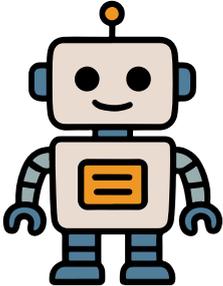
Greenbush Office Complex

20 S Greenbush Rd, Orangeburg

(Building to the Right of Orangeburg Library Entrance)

(8 Spots Available)

1:00pm - 2:00pm



Lego Robotics and Coding w/ Scratch MIT - Adventures in Space

This engaging and hands-on program delves into the world of STEM using LEGO® Spike Essential Robotics Sets. Students will have a blast constructing space-themed structures, such as lunar rovers, and then coding them using Scratch MIT, a block-based code, to navigate obstacles. Each week, they will embark on a new space exploration project, allowing them to develop coding and problem-solving skills as they work with their partner. Through building, programming and testing LEGO prototypes, students will gain confidence, understanding and an appreciation for the wonders of space. Join us for an inspiring journey!

Grades 3-5

Fee: \$200.00

Tuesdays, January 20 - March 17

(8 Classes)

Greenbush Office Complex

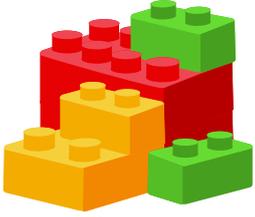
20 S Greenbush Rd, Orangeburg

(Building to the Right of Orangeburg Library)

(10 Spots Available)

(No Class February 17)

5:30pm - 6:30pm



Lego Robotics: Amazing Engineers

This fun and interactive STEM program focuses on coding and robotics, introducing students to the engineering design process using LEGO® Spike Essential Robotics Sets. The young engineers will work in pairs building models, such as a swing and a submarine. They will define problems, brainstorm solutions, and test their prototypes to improve their ideas. Children will gain confidence and challenge their creativity as they build and program their construction projects. Join us for an inspiring journey!

Grades 2-3

Fee: \$200.00

Tuesdays, January 20 - March 17

Greenbush Office Complex

(8 Classes)

20 S Greenbush Rd, Orangeburg

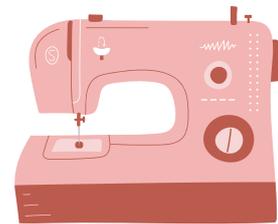
(No Class February 17)

(Building to the Right of Orangeburg Library)

4:30pm - 5:30pm

(10 Spots Available)

Kids Sewing



In this class, students will learn the foundational skills of tracing, pinning, cutting, and of course sewing. While making a pillow, and a tote bag, students become comfortable using a full size sewing machines. All materials are supplied and sewing machines are provided for use.

Ages 8-14

Fee: \$125.00

Mondays, January 26 - March 23

Greenbush Office Complex

(8 Classes)

20 S Greenbush Rd, Orangeburg

(No Class February 16)

(Building to the Right of Orangeburg Library Entrance)

5:00pm - 6:00pm

(12 Spots Available)

Instructor: Vivian Burns



Little Dragons

Our Little Dragons Martial Arts Program is an exciting, innovative system that provides a friendly, fun learning experience for children. The kids will begin to learn the fundamentals of Martial Arts such as Stances, Blocks, Punches and Kicks as well as other important aspects of Martial Arts and life in general such as: Focus, Teamwork, Self Control, Memory, Balance, Discipline, Fitness, Coordination and Respect. Includes full uniform.

Ages 3-5

Fee: \$105.00 Per Session (Includes Uniform)

Wednesdays & Fridays

Academy for Martial Arts

(Twice per week)

8 Orangeburg Shopping Center, Orangeburg

5:00pm - 5:30pm

Session 1: January 21 - February 20

(10 Spots Available)

(10 Classes)

Session 2: March 4- April 3

(10 Spots Available)

Jiu Jitsu

This program will introduce your child to the foundational training of Jiu Jitsu grappling, which builds coordination, balance, strength, flexibility, and endurance. Children will also learn the fundamental techniques of Jiu-Jitsu; takedowns, escapes, pins, and reversals. Our method is safe, structured, and supportive.

A FREE full uniform will be included at the first class.

Ages 5-10	Fee: \$70.00 (Includes Uniform)	Tuesdays & Sundays
Thomas Clifford's Martial Arts, Pearl River		(Twice Per Week)
Tuesdays: 7:00pm - 7:45pm		Sundays: 9:45am - 10:30am
Session 1: January 20 - February 15	(12 Spots Available)	(8 Classes)
Session 2: February 17 - March 15	(12 Spots Available)	(8 Classes)

STEAM Intro to Chess

Want to learn about chess? Join Green STEAM Lab for an introductory course to the game of chess. During our time together, we will learn about the board and its pieces, and introduce you to basic principles of the game. Students will work towards learning how to play out a friendly game of chess! (12 spots available)

Grades K-5	Fee: \$90.00	Wednesdays, January 28 - March 11
Palisades Community Center		(6 Classes - No Class February 18)
675 Oak Tree Rd, Palisades		5:15pm - 6:15pm



Green STEAM Labs - Tool Time

Get ready to build, design, and create! In Tool Time, students will learn how to use 3D printing pens to bring their ideas to life and construct cool cardboard creations using child-safe saws, perforators, and screwdrivers. (12 spots available)

Grades 3-5	Fee: \$90.00	Tuesdays, January 27 - March 10
Palisades Community Center		(6 Classes - No Class February 17)
675 Oak Tree Rd, Palisades		5:15pm - 6:15pm

Green STEAM Labs - Mobile Maker Space

In Maker Space students learn how to use common tools safely to express themselves creatively. Students will be introduced to tools such as hot glue, pliers, irons and more! (12 spots available)

Grades K-2	Fee: \$90.00	Mondays, January 26 - March 9
Palisades Community Center		(6 Classes - No Class February 16)
675 Oak Tree Rd, Palisades		5:15pm - 6:15pm

Green STEAM Labs - Schools Out

Following the SOCSO school schedule, we are happy to offer fun half day programs when school is out of session. (12 spots are available for each session)

Palisades Community Center - 675 Oak Tree Rd, Palisades **Grades K - 5**
9:00am - 12:00pm

Single Half Day	January 19	Fee: \$60.00
Mid-Winter Recess Program	February 16 - 20	Fee: \$300.00
Spring Break Program	March 30 - April 3	Fee: \$300.00

Tot and Me Crafts

Join us for a simple crafts, pretend play, and sensory play that is perfect for parents and tots to socialize. Each class is divided into three parts, a craft, a special activity, and a guest performer ranging from animal shows to sing along music classes. **A guardian/caregiver must be present during this class.**

Ages 18 Months to 3 years old	Fee: \$100.00	Thursdays,
Palisades Community Center		9:30am - 11:00am
675 Oak Tree Rd, Palisades		
Session 1 : January 22 - February 26	(8 Spots Available)	(5 Classes - No Class February 19)
Session 2: March 5 - April 9	(8 Spots Available)	(5 Classes - No Class April 2)

Teen Yoga



Gentle Flow Yoga is for those new to yoga or those who have been practicing for years. This all-level class combines mindfulness, breathwork (pranayama), and postures (asanas), offering modifications to allow each student to safely move into their specific body space. Incorporating simple flowing sequences to warm up the body, as well as slower paced movements focusing on alignment, strength, balance, and flexibility. Each class will end with a period of relaxation, leaving for the evening with a sense of well-being. This class is appropriate for all levels. No experience or flexibility required.

Please bring a mat, towel/blanket and water. If you do not own a mat, mats will be provided.

Ages 12-16	Fee: \$100.00	Tuesdays,
Greenbush Auditorium		5:45pm - 6:45pm
20 S Greenbush Rd, Orangeburg		(4 Classes)
(Behind Orangeburg Library)		(20 Spots Available)
Session 1: January 20 - February 10		
Session 2: February 24 - March 17		

Next Gen Fit - Teen Fitness

Boost strength, energy, and confidence with Next Gen Fit! This high-energy class is designed for teens who want to stay active, build healthy habits, and have fun. Using safe strength training, dynamic cardio, and functional bodyweight movements, teens will improve fitness while learning proper exercise form in a supportive environment.

Ages 12-16	Fee: \$ 100.00	Thursdays, January 29 - February 19
Greenbush Auditorium		(4 Classes)
20 S Greenbush Rd, Orangeburg		4:45pm - 6:00pm
(Behind Orangeburg Library)		(15 Spots Available)

Youth Gymnastics, Dance, and Acrobatics



Gymnastics

This program will emphasize the basic gymnastic movements. Each child will participate in fitness and training exercises that will increase their strength, flexibility & coordination. Classes will include tumbling, stretching, obstacle courses and much more. **This is a drop off class.**

Ages 3-4

Fee: \$145.00

Fridays, January 23 - March 13

**Galaxy Gymnastics, Orangeburg
(16 Spots Available)**

(8 Classes)

1:00pm - 2:00pm



PreK Ballet

This unique class combines ballet basics, coordination skills and rhythm exercises. This class is designed to teach our young dancers the basic steps and terminology of ballet, which is the basis of all other forms of dance. **This is a drop off class.**

Ages 3-4

Fee: \$125.00

Tuesdays, January 20 - March 17

**Dance Central, Pearl River
(6 Spots Available)**

(8 Classes - No Classes February 17)

11:00am - 11:45am

Twirling Tots

This unique class combines ballet basics, coordination skills, rhythm exercises and fantasy dancing. We incorporate props and use lots of imagery in this class to inspire our little dancers to be creative with their movement. **This is a drop off class.**

Ages 2 - 3

Fee: \$125.00

Dance Central, Pearl River

Saturdays January 24 - March 21 (8 Classes) 11:00am - 11:45am (6 Spots Available)

Tuesdays January 20 - March 17 (8 Classes) 10:15am - 11:00am (6 Spots Available)

Wednesdays January 21 - March 18 (8 Classes) 10:00am - 10:45am (6 Spots Available)

(No Classes February 14, 17, or 18)

Dance with Me

Songs & exercises based on acrobatic/tumbling fundamentals specifically designed for this age group. Incorporating coordination skills and rhythm exercises, class time includes a floor stretch, guardian-child activities, sing-a-longs, relay race (motor skills), and obstacle course (including balance beam and trampoline). **A guardian/caregiver must be present during this class.**

Ages 1-3

Fee: \$125.00

Tuesdays, January 20 - March 17

**Dance Central, Pearl River
(6 Spots Available)**

(8 Classes - No Classes February 17)

9:30am - 10:15am

LIFEGUARD

**WE ARE
HIRING FROM
THIS CLASS!**

ORANGETOWN RECREATION

LIFEGUARDING CERTIFICATION CLASS

Ages 15+

South Orangetown Middle School Pool.

\$25.00 - Pre-Test Fee (Non-Refundable)

\$350.00 - Course Fee - Includes course materials & certificate)

PRE-TEST REQUIREMENT: All participants must pass a pre-test. Pre-tests will take place 7:30 - 9:00 pm, Mon. March 23 or Wed. March 25 .

Those who pass will be sent links to register and pay for the full course. Course fees must be paid by March 31. Registered participants will be sent a link to the online course materials which must be completed by April 14.

31 Hour Blended Learning Course

7 Hours Online - To be completed by April 14.

24 Hours in person - 2 Week Session

April 16 - April 25

Thursday April 16 6:00 - 9:00 pm

Fridays April 17 6:00 - 9:00 pm

Saturday April 18 1:00 - 4:30 pm

***Sunday April 19 10:00 am - 4:30 pm**

at Town Hall

Thursday April 23 6:00 - 9:00 pm

Friday April 24 6:00 - 9:00 pm

Saturday April 25 1:00 - 6:00 pm

****Attendance at all classes is required.
There will be no make-up classes.****



Questions? Call 845-359-6503

Little Tyke Swim Lesson

This program will help three (3) year old children develop a comfort level in and around water and the readiness to learn to swim. This class will provide information and techniques for parents to orient children to water and to learn how to safely supervise water activities. **Each child must be accompanied in the water by an adult.** Only the adult entering the water to participate in this program will be permitted in the pool area. **Children in diapers will not be accepted into the class.**

Age 3

Fee: \$70.00

Saturdays, January 17 - March 21

9:10am - 9:40am (10 Spots Available)

(10 Classes)

Parent & Child Swim Instruction

For beginner swimmers ages four (4) and five (5) years of age. **Each child must be accompanied in the water by an adult.** Only the adult entering the water to participate in this program will be permitted in the pool area. A limited number of openings will be available in each section. Registrants may participate in one session only.

Children may be transferred into section only at the discretion of the Aquatics Director. in order to be tested for placement in this section.

Ages 4-5

Fee: \$70.00

Saturdays, January 17 - March 21

(10 Classes)

9:50am - 10:20am

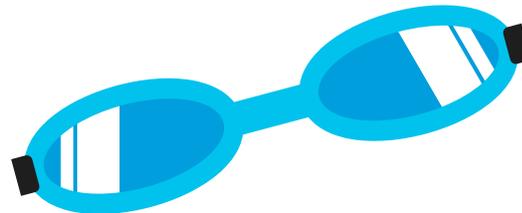
(12 Spots Available)

10:30am - 11:00am

(12 Spots Available)

11:10am - 11:40am

(6 Spots Available)



Saturday Swim Instruction

For ages six (6) and over. This program will incorporate all Learn to Swim levels. This is a drop off class. Parents and family members are not permitted in the pool area during classes. .

Ages 6+

Fee: \$70.00

Saturdays, January 17 - March 21

(10 Classes)

11:10am - 11:40am

(15 Spots Available)

11:50am - 12:20pm

(20 Spots Available)

12:30pm - 1:00pm

(20 Spots Available)

Family Swim

Recreational swimming for children and adults. Children that are under age 13 or that are non-swimmers must be accompanied by an adult age 18 or older. Photos for passes must be uploaded to your Community Pass account at the time of registration. **This is a resident only program.** Days and times may vary seasonally. An updated seasonal calendar be found on our website. www.orangetown.com/recreation

South Orangetown Middle School Pool
Online Registration for 2026 swim passes
begins December 22nd, 2025.
Passes will be available for pickup at the pool.

Fridays: 7:00pm - 9:00pm
Saturdays: 1:15pm - 3:15pm

Annual Pass (January - December 2026)

Family Passes:

3 or more family members	\$170.00
2 person family membership	\$125.00

Individual Passes:

Ages 19 and over	\$85.00
Under Age 19	\$40.00

Adult Co-ed Lap Swim

Lap swim will be held on Tuesday and Thursday evenings (when programs are in session). This program is open to Orangetown residents 18 years of age and older. **This is a resident only program.** Days and times may vary seasonally. An updated seasonal calendar be found on our website. www.orangetown.com/recreation

South Orangetown Middle School Pool
Registration begins December 22nd, 2025.
Passes will be available for pickup at the pool.
Annual Pass (January - December 2026)

Tuesdays & Thursdays
January - December 2026
6:30pm - 9:00pm
\$220.00

Free Senior Swim Pass

Residents age 60 and over are eligible for a free swim pass which may be used for both Adult Co-Ed Lap Swim hours and Family Swim hours. Passes are valid until the end of the calendar year and must be renewed annually.

Adult Swim Lessons

Lessons for adults interested in learning how to swim. Weekday lessons meet twice per week on Mondays and Wednesdays. Weekend lessons meet once per week on Saturdays.

South Orangetown Middle School Pool

Weekday Sessions

Mondays & Wednesdays (2 days per week)

Session 1:		Fee: \$50.00
January 12 - February 9	(8 Classes)	(No Class January 19)
6:30pm-7:00pm	(6 Spots Available)	
7:00pm - 7:30pm	(6 Spots Available)	

Session 2:		Fee: \$50.00
March 2 - March 25	(8 Classes)	
6:30pm - 7:00pm	(6 Spots Available)	
7:00pm - 7:30pm	(6 Spots Available)	

Saturday Session	(10 Classes)	Fee: \$60.00
January 17 - March 21	(10 Spots Available)	
8:30am - 9:00am		

Aquarobics

This fitness class is a pleasant alternative to land exercise and uses water resistance to cushion muscles and joints.

South Orangetown Middle School Pool	Fee: \$40.00	Mondays & Wednesdays (2 days per week)
		7:30pm - 8:15pm
Session 1: January 12 - February 9	(20 Spots Available)	(8 Classes)
		(No Class January 19)
Session 2: March 2 - March 25	(20 Spots Available)	(8 Classes)

Adult Programs

“Motown Moves” - Senior Fitness

Move, groove, and stay strong! Our Motown Moves class blends timeless Motown hits with safe, low-impact exercises to improve strength, flexibility, and stamina. Set to upbeat classics, this class keeps you energized, confident, and smiling every step of the way.

Age 50+	Fee: \$ 100.00	Wednesdays, January 28 - February 18
Greenbush Auditorium		12:00pm -1:00pm
20 S Greenbush Rd, Orangeburg		(4 classes)
(Behind Orangeburg Library)		(15 Spots Available)

Orangetown Walking Club



As we age, muscles become shorter and lose their elasticity. Stretching and walking is an excellent way to relax and relieve tension. It becomes very important for adults and seniors to maintain range of motion and the ability to move all joints normally during your daily activities. This program will meet at the ½ mile track around the Orangetown Soccer Complex and other local sites to help you keep active and social. You will receive an email with the week's location prior to each class.

Wednesdays, January 21 - March 11

Free with pre-registration

10:00am - 11:00am

Jiu Jitsu

We are offering 4 week Gracie Jiu-Jitsu courses for adults. Parents can also sign their children up for the kids classes which will take place in our other studio room at the same time! This program will introduce you to the foundational training of the art, which builds physical attributes including strength, flexibility, endurance, balance, and coordination. You will also learn the fundamental techniques of Jiu-Jitsu; takedowns, escapes, pins, and reversals. Our method is safe, structured, and supportive. Each participant will receive a free uniform for the course.

Thomas Clifford's Martial Arts, Pearl River Fee: \$80.00 (Includes Uniform) Tuesdays & Sundays (2 days per week)

Tuesdays: 7:00pm - 7:45pm

Sundays: 9:45am - 10:30am

Session 1: January 20 - February 15

(12 Spots Available)

(8 Classes)

Session 2: February 17 - March 15

(12 Spots Available)

(8 Classes)

Adult Yoga



Gentle Flow Yoga is for those new to yoga or those who have been practicing for years. This all-level class combines mindfulness, breathwork (pranayama), and postures (asanas), offering modifications to allow each student to safely move into their specific body space. Incorporating simple flowing sequences to warm up the body, as well as slower paced movements focusing on alignment, strength, balance, and flexibility. Each class will end with a period of relaxation, leaving for the evening with a sense of well-being. This class is appropriate for all levels. No experience or flexibility required.

Please bring a mat, towel/blanket and water. If you do not own a mat, mats will be provided.

Greenbush Auditorium

Fee: \$100.00

Tuesdays

20 S Greenbush Rd, Orangeburg

7:00pm - 8:00pm

(Behind Orangeburg Library)

(4 classes)

Session 1: January 20 - February 10

(20 Spots Available)

Session 2: February 24 - March 17

(20 Spots Available)

Total Body Fitness

Get in the best shape of your life and Fall in Love with Fitness. A class designed for ALL Fitness Levels. It is fun, challenging, engaging, result driven and exciting class, held in a one of a kind environment. It is the perfect blend of Cardio, Strength, Balance, Speed and Coordination training.

Academy for Martial Arts **Fee: \$105.00** **Mondays, January 26 - March 30**
8 Orangeburg Shopping Center, Orangeburg (10 Classes)
(12 Spots Available) **7:30pm - 8:15pm**

Adult Sewing

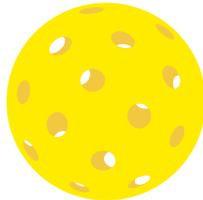
This class is for adults wanting to learn to sew clothing as well as someone who wants a refresher course. Students will be taught how to read and fit a commercial sewing pattern and construct a garment of their choice. Sewing machines will be provided for use or you can bring your own. All details for choosing a pattern and fabric will be discussed during the first class so it is NOT necessary to bring materials for the first class. **Students will need to purchase fabric and other materials needed to complete their projects.**

Greenbush Office Complex **Fee: \$90.00** **Mondays, January 26 - March 23**
20 S Greenbush Rd, Orangeburg (8 Classes - No Class February 16)
(Building to the Right of Orangeburg Library Entrance) **6:15pm - 7:45pm**
(15 Spots Available) **Instructor: Vivian Burns**

Beginner Pickleball

Pickleball is a blend of tennis, badminton and ping pong. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy the fastest growing sport in America. This class is suggested for beginner players and will teach the fundamentals of Pickleball and allow for group play.

Dominican University Hennessy Center Back Gym **Fee: \$80.00**
Instructor: Ed Bogin **10:00am - 12:00pm**

Session 1:			
Tuesdays: January 13 - February 3	(10 Spots Available)		(4 Classes)
Thursday: January 15 - February 5	(10 Spots Available)		(4 Classes)
Session 2:			
Tuesdays: February 17 - March 10	(10 Spots Available)		(4 Classes)
Thursdays: February 19 - March 12	(10 Spots Available)		(4 Classes)

Pickleball Group Play For All

Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. This program welcomes all skill levels and our staff are happy to answer any rule questions you may have. Indoor pickleballs will be provided.

**Dominican University Hennessy
Center Back Gym**

**Fee: \$40.00 Per Session
(3 courts available)**

Session 1:

**Monday Group: January 12 - February 9
(25 Spots Available)**

**Wednesday Group: January 14 - February 4
(25 Spots Available)**



**10:00am - 12:00pm (4 Classes)
(No Class January 19)**

10:00am - 12:00pm (4 Classes)

Session 2:

**Monday Group: February 16 - March 9
(25 Spots Available)**

**Wednesday Group: February 18 - March 11
(25 Spots Available)**

10:00am - 12:00pm (4 Classes)

10:00am - 12:00pm (4 Classes)

On The Horizon

Adult Softball Leagues

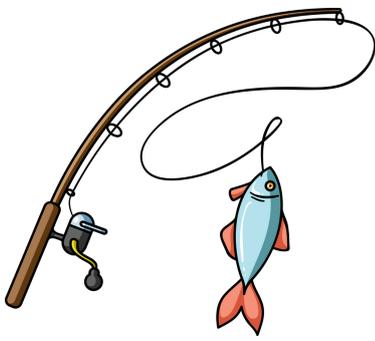
The Orangetown Parks & Recreation Office sponsors two leagues each Spring. The Women's League and the Co-Ed League play weeknights during the months of April, May, June & July in Veterans Park in Orangeburg. This department only registers teams, we do not organize teams or their rosters.

Team registrations will be accepted from February 23 - March 23. Games will begin the week of April 6. If you are interested in registering your team or adding yourself to a list of free agents for next season, please email softball@orangetown.com with your name and contact information or call 845-359-5100 ext 4605.

Bike New York - Learn to Ride/Teach Your Child to Ride a Bike

Each Spring, we run a special event to teach Orangetown kids how to ride a bike. Parent/guardian participation is key to your child's success! Using an innovative "balancing first" method, we will provide you with simple steps you can use to teach your kids how to ride a bike independently. This program will also help to properly fit each bike to it's user, teach bike safety, as well as teach the proper way to wear and fit a helmet. Sign up info will be announced in our Spring Brochure in March!

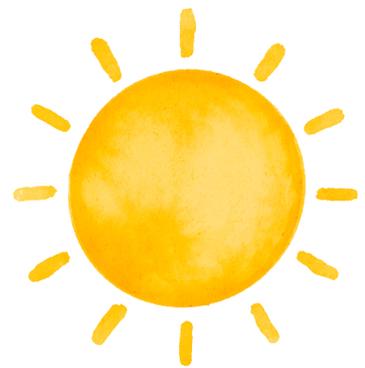




Gone Fishing!

Every year in June, Orangetown Parks & Recreation provides a two hour clinic in Veterans Memorial Park to teach kids how to fish. This event allows for children to learn to fish safely, to recognize certain species of fish, and how to leave the environment just the way they found it. Each registrant will be able to take home a fishing pole, reel and fishing line at the end of the program. Sign up info will be announced in our Spring Brochure in March!

Summer Camp Programs Day Camp, Sports Camps, STEAM Camps, and more!



Once again, due to the overwhelming number of requests for full day camp and to better meet the needs of residents, we plan to offer only the full day camp option for Orangetown Summer Day Camp in 2026. We are also continuing to expand our half day specialty camps options. These may include Skyhawks Camps, Tennis Camp, Sewing Camp, STEAM Camp and more!

More detailed information will be announced in our Spring Brochure in March! Registration for Orangetown Day Camp and all other Summer Camp Programs will begin in mid-April.